

# BEAUTY

## Pamper Relax Indulge

by Sally Sharland

### Facial & Skin Care

(Using *Clarins* skincare products)

**Basic Facial** 30 mins £22.50  
Cleanse, exfoliate, massage, masque, tone & moisturise.

**Advance Facial** 70 mins £35.00  
Cleanse, skin analysis, second cleanse, exfoliate, steam, massage, masque, tone & moisturise.  
Including file & polish of your choice during any facial add ..... £5.00

**Body Polish & Nourish** £25.00  
With skin smoothing scrub and *Clarins* body lotion. Exfoliates, smoothes and hydrates – perfect skin preparation for any special occasion. 45 mins

### Waxing Treatments

Full leg £22.00  
Half Leg £14.00  
Bikini £10.00  
Extended bikini from £12.50  
Underarm £7.50

Lip or Chin £6.50  
Lip & Chin £10.00  
Eyebrow tidy/shape £6.50 / £7.50  
Arm (forearm /full) £12.00/£16.00  
Back £16.00  
Chest £14.00

### Eye Treatments

Patch test required at least 24 hours prior to perm/tint treatment.

Eyelash tint (inc hand & arm massage) £11.00  
Eyebrow tint £7.50  
Eyebrow & Lash tint £16.50  
Eyebrow tidy/shape £6.50 / £7.50  
Eyelash perming £28.00  
(lifts and curls for 8-12 weeks)  
Strip lashes £8.00  
(choose from a selection)

### Therapeutic Massage

Traditional massage to help relieve stress, tension and aching muscles.

Back, neck & shoulder 30 mins £22.50  
Full Body 60 mins £32.00

**Ear Piercing** £15.00

Suitable for earlobes only.  
(Using non allergenic, pre sealed sterile studs)

### Make - Up

Includes cleanse tone & moisturise.  
Make up lesson £30.00  
Make over £25.00

Wedding Day £65.00  
Includes practise and make-up on the day.

**Classic Manicure** 45 mins £16.50  
File, nail buff, nail soak, cuticle tidy, hand & arm massage, polish.

**Intensive Manicure** 60 mins £22.00  
As Classic above, including hand masque – deeply softening, hydrating and warming.

**Warm Oil & Invigorating Hand Scrub** 60mins £22.00  
As Classic above including hand & arm scrub followed by a warm oil soak.

**Deluxe Manicure** 70 mins £25.00  
Hot paraffin wax treatment in addition to the Classic Manicure.  
Great for those who suffer with poor circulation, stiffness or simply wish to indulge their hands with a special treat.

**File & Polish** £9.00  
French polish with any of the above treatments add... £2.50

**Foot Soak & Rub** £10.00  
Tired feet? Why not relax with a foot soak, using aromatherapy oils followed by a foot and lower leg massage.

Including polish £13.50

**Classic Pedicure** 45 mins      £18.00  
Foot soak, exfoliate, nail shape, cuticle tidy,  
foot & leg massage, polish.

**Intensive Pedicure** 60 mins      £23.00  
As Classic above, including foot masque –  
deeply softening, hydrating & warming.

**Deluxe Pedicure** 70 mins      £28.00  
Hot paraffin wax treatment in addition to the  
Classic Pedicure.  
*Great for those who suffer with poor  
circulation, stiffness or simply wish to indulge  
their feet with a special treat*

**File & Polish**                      £9.00  
French Polish with any of the above treatments  
add.....                              £2.50

### **Nail Extensions**

Using gel, a kinder alternative to acrylic

Full Set              90 mins      £34.00

Infills              60 mins      £23.00

Overlays           60 mins      £23.00

### **Spray Tanning**

A safe, sun free treatment giving you a  
wonderfully natural and even looking tan.  
*Exfoliate at least 12hrs prior to treatment &  
wear loose dark clothing*

Full Body                              £20.00

Top Half                                £12.00

Legs                                      £10.00

### **Luxury Packages**

*For that Special Occasion.*

**Wedding Day Make Up**      £65.00  
*Includes consultation, practise and make-up  
on the day.*

**Top to Toe 1**                      £52.00  
Manicure, Pedicure, Eyebrow Shape,  
Spray Tan.

**Top to Toe 2**                      £48.00  
Manicure, Pedicure, Eyelash Tint, Eyebrow  
Shape & Tint .

*Above treatments can be taken on different days but  
to be paid for in advance*

*Please enquire if interested in other treatments as  
packages can be tailored to suit*

### **Gift Vouchers Available**

#### **PRIDE & GROOM**

Fingle Glen Golf Hotel, Tedburn St Mary

EX6 6AF

**Tel: 01647 61817**

Prices shown are subject to change

**For any cancellation kindly give 24 hours notice.**

**Thank you.**